

Kwaayesh Ni Kaanawaymikawin

Being Taken Care of in a Good Way

Connection and Belonging Assessment

Date: January 2025

Those Involved in Completing this Plan:

SW

FSW

CYMH

ECD

C



Michif Values for Helping Our Young Lead a Good Life	What are the good things you see happening in their life?	What are the things happening in their life that worry you?	Scaling question 0 = 10 =	Your 0-10 rating	Caregiver 0-10 rating	SW 0-10 rating	What do you think needs to happen? Who can help and how will they help?
1. La Paraantii "La Paraantii" is the traditional way we, as Michif People, referred to those people who are blood or not blood related, who we considered family. These are the people we trusted and had a responsibility to and who had a responsibility to us. These are the people who helped us feel not alone and that we belonged.	I got to meet my brother for the first time! I was reconnected to my mom and it felt so amazing I know I have a sister she lives maybe on the island. I got to spend Christmas in 100 Mile with Auntie, my grandparent s, and my cousin Roger and his	If I get to live with my mom I want her to know the rules so she doesn't break them. I don't want to go live with her and then have to leave because she is drinking or using drugs I know I am avoiding Auntie (mom) because I feel guilty that I want to be closer to my family. I know I will miss Auntie so much but I don't want to live at the	0 - I have people around me, but I don't feel like they have my best interests in mind, and they don't listen to what I need or want. I am still living alone without the connection time I need. Often, I feel alone, and I don't know who will help me or where I belong. 10 - Some days are	C scaled herself a 7 <u>What bring you up to a 7?</u> <u>What are the good things?</u> I really like that I'm not as watched. I miss Matt and Kim sometimes, but I feel like I'm free to do more things with just one staff I got to spend Christmas in 100 Mile with Auntie, my grandparents, and my		7 – I agree with C on this. In the last year we have reconnected her to some of the most important people. She has met her brother and she gets to speak to almost everyone she wants to. To move up: I'd like to work on reconnection to her family in 100 mile as well as a	I want to go live with my mom in Chilliwack and be closer to family I want to still talk to Auntie anytime I need to – like maybe 1x a day, maybe at night time? I want to be connected to my cousins but wont need to talk to them as much I want to still go on fishing trips with my grandparents. Go on the barge and listen to our music My Aunt Kelly isn't doing good right now but I want to be able to talk to her still Professionals: SW/Mom/Auntie to create a timeline for potentially living with family in Chilliwack. SW to set up a visitation schedule so there are monthly visits to family



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	girlfriend and they brought their new puppy Brett and Shawn weren't in 100 Mile with us and it was nice to spend time just me and mom Auntie Mom let me know that she did a RCMP wellness call for my dad and they found him.	resource anymore My sister misses me so much I miss my dad and I worry I won't get to talk to him again I hardly even know my brother and he is 5! Sometimes I tell people what to do and I worry I'll do that to my brother. SW calls it trying to 'mom' him.	really hard, but I know that the adults or people around me listen to my voice and try to keep my best interests in mind even when I may not agree. I know if I am struggling, I can ask my people for help and they will help me, I don't feel alone as often as I did before. I am connected to those who	cousin Roger and his girlfriend and they brought their new puppy Brett and Sam weren't in 100 Mile with us and it was nice to spend time just me and Auntie I have talked to my mom and sister, and I even talked to Jim and he told me a knock-knock joke		clear idea of how everyone will remain in her world so she doesn't go from gaining her maternal side of the family and losing her paternal side	SW to create connection time specifically for C and Jackie SW/FSW to contact family for involvement and voice to help guide our planning CYMH/Auntie to work on grief and loss conversations. Regular sessions to create space where C feels supported to share her voice and speak about the hard things CYMH to create space to speak with C and Mom about the transition, hopes and worries. This is to support a trusting relationship and to support attachment ASCD to support with behavioral plan. ASCD will support home as well as Mom with any behaviors that may arise and support the adults to support C.



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	He is okay he is just not ready to talk to his family. When he is he knows that he can talk to Mom and that I am seeing her now. I get to call with my grandma and grandpa I have phone time to call people who are important to me I cant believe I got to see my sister again . this		mean most to me, and although I don't live close to them, I know I can connect to them in ways that make me feel better.	<u>What are the things happening in your life that worry you?</u> I am worried about my dad, my mom says she talked to him awhile ago but hasn't heard from him since then <u>What do you need to bring this number higher? Who do you need to do it?</u> I'd like to be able to talk to my dad, but			



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	means a lot to me and I think it means so much to her to be close with me again. I can just tell I love spending time on the barge with my grandparents listening to music . the song 'SOLD' reminds me of them I can see how much I mean to my mom I could tell how much she missed me			we don't know where he is I want to talk to my mom more Talk more with my sister Janet on the phone Talk more with my friend Harry on the phone When I move to my mom's house, I am going to want to talk to Auntie lots still			



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	just by how she looked at me. The weekend I got to see my family again was amazing. The word I use to summarize how I was feeling and what I was missing is "LOVE"						
2. Nii Kinaahk The place where you live and the people taking care of you.	I feel better now in my resource even though I don't want to be here forever. I don't feel like I am being	I don't want to be at the resource for any longer. It isn't a good place for me . I am sneaking food and binge eating at night.	0 - This place does not show people who I am, I don't feel good when I am home, and I don't see myself wanting to	C scaled herself a 7: <u>What bring you up to a 7?</u> <u>What are the good things?</u> I like that I'm not being watched like I		I would scale myself at a 6 . I see huge growth in C but I do see where she is struggling. I see that she is allowed	C I will feel better if I get to live with my mom If I don't live with my mom I want to be in a foster home , and still get to visit and have sleep overs with my mom, sister and brother



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	watched all the time I have more choices and I am able to make some decisions by myself. I got a new Lego game on my Switch and it's been really fun I get to talk to my sister and my mom and I wasn't allowed to before I really like that I'm not as watched. I miss Matt	During the day I am not hungry at night I eat everything I can Sometimes I just watch TV or play games so I don't have to talk to people or do things. SW says she is worried this is my way of avoiding hard conversations.	be here ever. The adults taking care of me are just here, they aren't doing things with me or helping me be the best that I can be. This doesn't feel like home to me. 10 - I still miss my home, but this feels like a place where I can be me and the adults/people around me care for me. They allow	was with Matt and Kim Things have been better at the house recently, I can just relax Molly has let me be more independent and gives me more freedom with my choices - ie. Getting to choose between TV and switch and get to pick out more foods that I like		to 'hide away' and get her down time but I worry that we may have allowed too much. Id like to see more collaboration with ASCD and CYMH to implement strategies and ways to help C cope with her feelings that will arise without isolating and avoiding. I see C is	Rules of the plan need to be followed by my mom. Some rules are NO drugs of any kind, like I mean street drugs . I won't want to live there if my mom has street drugs No more than 2 drinks. If my mom has 3 drinks I think ill want to leave . Maybe if she wants to drink wine I can go stay with my sister, Shane and Jamie? I think I need like a code word with Auntie, so she knows if I need help? It used to be Jackie , but ill ask her for a new one. Professionals - SW to explore concurrent planning that explores options for C if we are not ready for full living



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	and Kelly sometimes, but I feel like I'm free to do more things with just one staff -		the space to be mine. I feel safe and it may not be perfect but I see myself here, it isn't just a space. When I look around, I see me represented- there's laughter and love in the walls.	The school break has been nice, I've gotten to relax at home a lot I got a new Lego game on my Switch and it's been really fun I get to talk to my sister and my mom and I wasn't allowed to before <u>What are the things happening in your life that worry you?</u>		much more comfortable and is feeling more 'at home'	arrangements come September - SW to create clear plan around drinking and substance misuse with Mom - Caregiver/ASCD/auntie - to set up a reasonable screentime plan with C. She can earn extra time based on her activities, outdoor time, social activities etc - ASCD to help C learn about preadolescence and changes that will start happening. Help C understand hygiene routine for teenage girls, proper diet – ongoing - ASCD to work with C/Auntie/Mom/Resource home around electronic and cell phone contract rules – to be completed by Feb 28 2025



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				I need my staff to help me figure out my Nintendo switch account. My old one broke and I lost all my save data, but Matt had my online account login and he's gone now <u>What do you need to bring this number higher? Who do you need to do it?</u> I would like more independence. Getting to			-GSW to work on cell phone for C to use while away visiting Mom . Contract will need to be finalized prior to introducing cell phone. CYMH to help C create a plan around what she is needing from the adults to feel safe



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				choose what I want to do and my schedule and not being always told what to do I'm going to live with my bio mom soon and I think my number will be higher when I am living with my family			
3. Aen Michif Niiya Ways you stay strong in your Michif identity and culture. How do you know and feel that you are Michif?	I almost quit jigging, but then Colleen asked me to stay and I am	I am sad that I won't be able to go to Buffalo group if I move to	0 - You have no idea what being Michif means, and you do not	C scaled herself a 10: <u>What bring you up to a 10? What are</u>		I am at a 8 – C is so excited and proud to be Michif. She	- SW to ensure that season invites are sent to staff and Auntie -



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	glad that I did I got to jig at Louis Riel with my friends My Auntie got to see me jig at Louis Riel and it was so nerve-wracking but ended up being good. I felt proud of myself. I love going to Buffalo group – I'm sad we had	Chilliwack to be with my mom	feel a connection to anything you have heard or tried. You feel confused as to why those around you think it is important that you take part in cultural activities and gatherings. When you do take part in such events, you often feel out of place and that you do not belong. Being Metis	<u>the good things?</u> I almost quit jigging, but then Colleen asked me to stay and I am glad that I did I got to jig at Louis Riel with my friends My Auntie got to see me jig at Louis Riel and it was so nerve-wracking but ended up being good. I felt proud of myself.		is the first to use the language, to dance(jig) and to be participating in cultural teachings. To move up I'd love to see her incorporate elders and to have a plan on how to continue her connection to culture while living in Chilliwack.	C : - Hopefully another youth group in Chilliwack - I don't know if they do jigging there but I might continue with it if I can - I want to make sure I can stay in touch with all of my friends from LMO like Harry and Sally - I'd like to be part of something Michif when I move - Caregivers will continue to assist C in signing up for the events/programs that she wishes to partake in - CYMH/Elder connection to help C learn about Michif



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	to take a winter break I got sashed with my Auntie, Brett and Shawn and it was amazing. I love the colours of my sash and I've worn it to school and to Buffalo group I do take part in: Michif Youth group Art Music Therapy with Leah Dorian		is not something that you think is an important part of who you are. 10 – I am proud to carry myself as a strong Michif girl. I am eager to learn more about the people who walked before me. I get excited to take part in my Michif culture and community. Your friends, teachers, and those	I love going to Buffalo group – I'm sad we had to take a winter break I got sashed with my mom, Warren and Peter and it was amazing. I love the colours of my sash and I've worn it to school and to Buffalo group <u>What are the things happening in your life that worry you?</u>			ways and will help her learn about her ancestors and the importance in knowing your identity. Ensuring that during any transition C has cultural connection. - Elder Patrick will continue to support our transition planning and will help with guidance - ASCD will send information about Batoche to staff and Auntie. ASCD will continue to connect caregivers and Auntie to ongoing activities - C will continue to participate in monthly kitchen parties at LMO with either Auntie or a caregiver supporting Caitlin



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	Traditional Healing with (CYMH) Jigging with Colleen I like being a part of the family dinners I feel good doing these things and I am proud-like the time I jigged in front of all the people at the family dinner I feel Michif when I am jigging and at LMO, it makes me feel good about myself I feel like I		you meet know you are Michif, and it is an important part of who you are. When you can honor, celebrate or participate in your culture you feel good inside and proud.	I am sad that I won't be able to go to Buffalo group if I move to Chilliwack to be with my mom I will miss my friends from LMO groups when I move <u>What would you need to see in Chilliwack to keep your number at a 10?</u> Hopefully another youth group			- CYMH will invite C to on the land teachings such as 'sweat lodge' and 'medicine picking'. C will participate in seasonal events



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	am a part of something. I got sashed at LMO and it was AMAZING! My family was there for the ceremony. I feel connect to elder Paula and Lou who go to youth group I went to the Michif Girls weekend with Debbie and Noelle. I remember singing and listening to music with Belinda in			I don't know if they do jigging there but I might continue with it if I can I want to make sure I can stay in touch with all of my friends from LMO like Harry and Sally I'm not sure what else			



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	the car ride there.						
4. Wellbeing (Michif) Feeling safe in your mind, body, and spirit.	I broke up with my boyfriend Harry. We are still friends. I find it frustrating that all he wants to do is talk to his sisters and not me I have a lot of negative thoughts about people, especially when they frustrate me	I don't have any music player to play music at home I know I 'pull back' (avoid) people and things when I feel uncomfortable. Like I avoid seeing Auntie because I feel guilty I may move away I don't talk to Auntie about some of these things because I don't want to hurt her feelings so I just don't talk	0 - Although I know I have a say in my life, I feel out of control and sometimes I do things that make me feel more control like stealing. I often make decisions I feel ashamed of or guilty about and it doesn't make my body or spirit feel good. I often look around I think I am	C scaled herself a 5: <u>What bring you up to a 5?</u> <u>What are the good things?</u> I listened to a podcast with Auntie on the drive to 100 Mile for Christmas called "Let Them Let Me" and it made me feel better. It basically said to just let people do what they want and		I am a 5. I see HUGE growth and I can see C is capable of working through her feelings in her mind, body and spirit. I see C continues to need guidance, support and safe spaces where guidance comes from a place of love and not control. To move up I would like to see	- CYMH to help C create a plan around what she is needing from the adults to feel emotionally safe - CYMH will support adults and C in how to respond when C takes items and also what to do to support her in avoiding taking items - Caregiver, Auntie and SW to create plan to support independence and responsibility. Giving choices and options moving forward to continue to go independence skills - ASCD/ Auntie Check in with C regarding her medication and she will attend monthly Parkview (psychiatry) meetings - Caregiver and auntie will ensure C has regular



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	Sometimes it's hard to say nice things to people that bother Talking to Auntie helps me feel better sometimes. I know I will need to stay in touch with her I was so proud of how brave I was at the healing circle when I told everyone I	to her or I only talk about little things like my day. I know that she makes me feel better but I don't know how to do it I know I watch TV and eat and that isn't good with me. That is why I think I have an eating disorder. I know I need to stop. Sometimes I take food at night when people are sleeping	not a good person and feel as though others would say the same. My friends, teachers and adults in my life would say that they are worried for me. They see me making decisions that are not in my best interest, I am not taking care of my body, mind or spirit and I am often feeling anxious at	then you do what you need. I don't take as many things as I used to I get to talk to my mom and my sister now and I was never allowed to before The best part of talking to my family again is knowing that someone I always thought about was		caregiver, Auntie and Mom creating space for healing and emotional work to be a focus. So C is encouraged to face and work through things instead of retreat and indulge for immediate gratification.	checkups with doctors and dentist cleaning - SW and Auntie to check in with school each semester and take part in any school meetings - ASCD/SW to plan around school transition for the fall. IEP to follow - SW to look into FASD assessment , try and put referral in for Okanagan Ability for private assessment - CYMH to set a schedule for weekly sessions as we work through transitioning and ensure we are creating a safe space to share and voice our truths 1 1x Session to create a space monthly for C to share what is happening and how she is feeling with



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	wanted to speak and maybe go live with my mom. That was so hard but I just did it and look where it got me. I get to see my mom again and meet my brother! I want more connection time with the family that I don't normally see. My mom told me that she		what tomorrow brings. 10 - Somedays I still make decisions I do not feel good about but for the most part I am feeling much better and confident that I am making better choices for myself. My friends, teachers and adults in my life would say they are not worried	thinking of me too <u>What are the things happening in your life that worry you?</u> I broke up with my boyfriend Harry. We are still friends. I find it frustrating that all he wants to do is talk to his sisters and not me I have a lot of negative thoughts			Auntie . Working on Grief and Loss 2 1x with C and Mom to create space to talk about healing relationships , cultural connection and attachment/rituals 3 2x with C independently to do a check in after visits to Mom's and to work on her own skill, and coping strategies. SW/CYMH/ Caregivers/ASCD/Auntie to support C in her ability to manage feelings without isolating, avoiding of 'filling voids' with food/items. This will be done by educating and holding boundaries with C. We will also work on these during sessions with CYMH



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	has two siblings that I didn't even know existed. I have an Uncle Jamie and and Aunt, but I can't remember her name. Even auntie didn't know that my mom had siblings. I want to meet them. When I listen to music or watch TV I feel like this helps me		about the choices I am making. They see me taking care of my body, mind, and spirit. I feel less anxious about the future because I am feeling more in control of my life.	about people, especially when they frustrate me Sometimes it's hard to say nice things to people that bother I want more connection time with the family that I don't normally see. My mom told me that she has two siblings that I didn't even know existed.			ASCD/Caregiver/Auntie will continue to support C with a healthy lifestyle and schedule. This includes time spent on the land, healthy diet and lower time spent on screens



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	when I am angry , sad or just okay			I have an Uncle Jim and Aunt, but I can't remember her name. Even Auntie didn't know that my mom had siblings. I want to meet them. I want to know where my dad is. I really don't like not knowing where he is because I really want to talk to him			



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				My Aunt Kelly isn't doing good right now but I want to be able to talk to her still <u>What do you need to bring this number higher? Who do you need to do it?</u> I want my mom to introduce me to her siblings I want to talk to my mom on the phone more I want to keep talking to			



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				Jackie as much as I can I need a cellphone so that I can stay in touch with people more easily Stop taking things and binging food When I move to Chilliwack I need to make sure I talk to Auntie lots – I'm nervous to move away and not live near her anymore			



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5 Otipemisiwak Ways that help you be the best version of yourself and help you to achieve your dreams	SW listened to me. I know people before listened but they didn't help me or actually 'LISTEN' . This changed everything, I mean look at what is happening for me -I was brave enough to use my voice. There was a safe space made to share what I needed and I was brave	If I got to make my own decisions I would like at home and be able to see my dad and find out if my mom is better. I want to know why I can't see them if they are okay. I want help to not steal and be better I want to know when I can go home. I feel sad and sometimes angry about everything I don't know about my	0 - I feel like no one listens to me or helps me feel like I am good enough. I still say, "I feel like I am a prisoner and I want to run away". Adults would say they are worried about me and my choices. I have no idea what tomorrow will bring and I am just sad because I am here alone. I don't	C scaled herself a 5: <u>What brings you up to a 5?</u> <u>What are the good things?</u> Kind of what I said before, I feel like I have more freedom because there's only one staff now When people treat me like I'm not a little kid, I am 13 now When I'm allowed to decide things		I am a 6. I see C trying and striving to be the best version of herself. I would like to see her be softer on herself, and approach this area as a place for growth instead of feeling ashamed or guilty. Id love for her to learn more about self compassion and Id like to adults to spend more	C -I need the adults to trust me and tell me things. I don't want things hidden from me. - I want to make choices for myself SW/auntie/Mom/ASCFD/CYM H will continue to share things with C. C will have choices when it is possible and will be made aware of any changes in her 'plans of care' SW will look into private assessments to see if we need to adapt her IEP at school and to ensure continued support as we potentially move to a bigger school



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	enough to say it I feel like I have more freedom because there's only one staff now When people treat me like I'm not a little kid, I am 13 now When I'm allowed to decide things like Switch time or TV time -	family but I'd like to know	know who to ask for help and I am often left alone to figure things out myself. I don't feel like I am even a little at my best 10 - although somedays there are challenges I feel like I have people around me that bring out the best in me. The people around me are seeing my brightest light shine. I	like Switch time or TV time <u>What are the things happening in your life that worry you?</u> When people don't listen to me when I tell them I know something When I am treated like I don't know things <u>What do you need to bring this number higher? Who</u>		time focusing around teaching and building up her capacity and skills to make better choices.	



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			no longer feel like I am a prisoner and I don't feel like running away. I am showing up for myself, sharing my hopes and starting to show the world my true authentic self.	<u>do you need to do it?</u> I don't know, same as before, more freedom to to do the things I want			
6 Lii Bonn Zaafayr Di Vii Things you enjoy doing, activities, friendships, sports, cultural events, and programs	Things I enjoy: Youth group art music therapy with Leah Dorian traditional healing with (CYMH)	I wish I could have friends over and times to hangout I wish I had family come and see me perform. Auntie only	0 - I have no interest in activities and it is hard to find anything I like. I feel like it's hard to get out of bed or want to do	C scaled herself a 5: <u>What brings you up to a 5?</u> <u>What are the good things?</u> I like Buffalo Youth		6- I see C participating in a lot. However in the last few weeks I have also seen her 'retreat' quite a bit	- ASCD and CYMH will ensure resource staff and Auntie will be sent seasonal activities, monthly family dinner and event invites. Staff will ensure C participates in the events that interest her.

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	jigging with Colleen I like Buffalo Youth See (CYMH) on Tuesdays and that's good I am glad I continued going to jigging I like the lego game I have on my Switch and I have two pokemon games that I also like	came once to Louis Riel I get really disappointed when I have to go to family dinners with staff. I wish Auntie would come . I know she cant come everytime I don't really see anyone outside of school I ended up not liking hockey anymore this year I thought I didn't like jigging but I do now	anything. Cultural activities do not interest me. I don't get to see kids or friends outside of school and I don't feel like I have anything in common with them. 10 - Some activities I really like and it is easy for me to tell you which ones I like and don't like. There are certain cultural	See (CYMH) on Tuesdays and that's good I am glad I continued going to jigging I like the lego game I have on my Switch and I have two pokemon games that I also like I liked being in metal work I loved getting to spend time with my		but when encourage she steps back into activity. To move up id like to see and hear from C Activities that make her want to leave the house, and Id like caregivers to support C in trying new things. Id like to see C have friends over/ play with friends outside of school hours.	- SW will ensure she is checking in with C seasonally about programs/events. - In the summer C would like to participate in LMO Wednesday camps and ASCD will send Batoche information - ASCD/CYMH/SW to support C in programs available in Chilliwack. - SW to connect C to the Metis community in Chilliwack as well as the Indigenous services - ASCD/Caregivers to support C in attending YMCA programming that can support her with social/emotional development as well as anxiety .



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	I liked being in metal work I loved getting to spend time with my family over the holidays I like going and playing VR I loved the workshop with Madeline McCallum "as you are is enough" it was amazing I learned so much	-	programs and events that interest me and I get to participate in. I think I am good at meeting friends; I feel connected to certain people and I get to see friends outside of school. I would say I get a choice in the activities I take and I am happy with them	family over the holidays I like going and playing VR <u>What are the things happening in your life that worry you?</u> I don't really see anyone outside of school I ended up not liking hockey anymore this year I thought I didn't like		Maybe join an activity together like the art party.	



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				jigging but I do now <u>What do you need to bring this number higher? Who do you need to do it?</u> Maybe see my friends more outside of school I really need a cellphone so I can look things up myself or if I'm out somewhere and there's an emergency I can call people			



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				Spend more time with my family			
7 Kaa-Wiichihitoyaa hk As Metis we take care of each other, what are ways that you show the spirit of generosity?	I often share my things with others I am good at hanging out and taking care of young kids I'm not really sure what else I helped at the family dinner/ kitchen party in January with ASCD	I steal and hurt people with my words or breaking things sometimes when I am angry or mad. I don't have anyone to do this stuff with but I would I do take things from others sometimes when I feel out of control	0 - I do not feel like I am a generous person and honestly, I do not think it is an important quality. I cannot think of any time that I have been generous. There are acts of generosity I can think of that would interest me 10 - I often think about	C scaled herself a 5: <u>What brings you up to a 5?</u> <u>What are the good things?</u> I often share my things with others I am good at hanging out and taking care of young kids I'm not really sure what else <u>What are the things</u>		I am a 7- I see so much generosity in the way that C walks in this world. She is thoughtful (some times too much) and is the first person to offer help when needed. C always offers to take time, perform or support the elders even	- Caitlin: I'm not sure, I did think about helping with the animals in the science lab at school - I'd like to not take things from other people - if someone would help me do acts I would do it (ASCD and CYMH) - - ASCD will check in to see if C would want to volunteer when there is opportunities to at events and dinners - SW to check in with Caregivers and C to start



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		Sometimes I don't feel like I am a good person but I can't really say why it's just how I feel I'm not sure, I did think about helping with the animals in the science lab at school I'd like to not take things from other people -	giving back and I would say it is very important to me. I can give you examples of ways others are generous to me and I am to others (or wish to be)	<u>happening in your life that worry you?</u> I do take things from others sometimes when I feel out of control I don't feel like I am a good person but I can't really say why it's just how I feel <u>What do you need to bring this number higher? From who?</u> I'm not sure, I did think about helping		without being asked. To move up I'd like to see C reflect on some of the ways she does this, and maybe find ways she wants to do more of this whether it is at school, human society or anything.	volunteering at the humane society



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				with the animals in the science lab at school I'd like to not take things from other people			
8 Nistwayr What do you understand about why you are not living at home and why social workers are involved with you and your family?	On a scale from 0 to 10 where 10 means even though it is hard, you understand why you don't live with your family and where 0 means you really don't understand why you don't live with your family, and you had heard lots of different stories and perspectives. Where would you rate what you've been told and what you know? I feel like I completely understand why I am not living at home right now and I know it isn't all my fault I am excited about getting to live with my mom again and my little brother. I even now know my mom also couldn't be at home. Her mom was blind and deaf, and her dad couldn't look after her I'll miss Auntie a lot but I plan on talking to her a lot on the phone						



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What are the most important things you want to tell the people who are making decisions about your life right now? -I want to live with my mom and brother and be closer to my sister. I want that to be my plan. If I cant do that then I want to live in a foster home and visit my mom, brother and sister often. I don't want to be at the resource -I want my mom to know the rules and follow them. I don't want her to drink or ever use drugs again so I can live with her. I want people to do what SW does and listen. Help me say things I may be worried about saying. -I need a cellphone so I can look things up and get a hold of people if I need to when I am visiting my mom. Also to help me stay connected. -I want to see my dad again one day. I want him to know I may live with my mom. I also want to be able to talk to my aunt Kelly -I want people to keep being honest with me and not treat me like a baby. I want to be able to make my own choices and not be lied to.							