

Leading with and Incorporating Healing In the Delivery of Michif Youth Services at LMO

• Step 1 – Screening (Interim Plan)

- Until further notice, all child safety and service requests are to be directed to MCFD Centralized Screening for initial screening.
- Screening responsibility will return to LMO once staffing capacity allows.

• Step 2 – Assessment

- All incidents and service requests concerning youth aged sixteen (16) and over will be completed by the LMO Assessor. The exception to this is when youth apply to live at the LMO Elder and Indigenous youth supported housing program, Kikékyelc: A Place of Belonging.
- The outcome of the assessment will be guided by the question, “*What direction will best meet the youth’s identified unmet need?*” The response to this question will result in one of the following outcomes:
 - Open a Family Service File
 - Open a Youth Services File
 - Close Incident/Service Request and refer to an internal or external prevention service
 - Close Incident/Service Request.

Open Youth Services Files

Whenever a Youth Service File is open for ongoing services (either through the child safety stream or application to KKC), the next steps will be followed:

- The Youth Services Team Leader will assign the file to:
 - A Youth Services Social Worker (YS SW) to complete the *Connection and Belonging Assessment*.
 - A Youth Wellness Counsellor (YWC) to complete the *Reason for Living Inventory*.
 - In recognition of the many losses, youth who come to the attention of the child welfare system experience, a YWC will remain a key member of all youth services open files. The purpose of having a YWC attached is to continually promote a culturally safe and trauma-informed approach to our youth services work.
 - A youth may choose not to actively engage in one-to-one counselling, but at LMO, we are committed to keeping doors open to youth and finding other culturally safe and supported ways to promote ongoing

healing. A YWC will support a youth in a variety of ways that may help a youth share and engage in deeper conversations.

- The Connection & Belonging & Reason for Living Assessment Timeline:
 - Assessments must be completed within 30 days.
 - Extensions require Team Leader approval and must be documented.
 - At the end of the assessment period the YS SW and YWC will meet to:
 - Identify the youth's greatest unmet needs
 - Establish an initial timeline
 - Complete other referrals to other supports as deemed beneficial to the youth.
 - A referral to an Elder is mandatory for all youth receiving services from LMO. The case manager will support the introduction and engagement process/ timeline for an Elder's support and involvement.
- **Kikékyelc: A Place of Belonging Process:**
 - Once a youth is approved for KKC housing:
 - The Housing Manager forwards the application to the YS Team Leader.
 - The youth is assigned a YS SW and YWC to complete assessments as noted above.
 - A modified Connection and Belonging Assessment may be completed.
 - A YWC will act as case manager for KKC youth who do not have a delegated YS SW.
- **Step 3 – Piihtikway Meeting for Ongoing Youth Services**
 - The YS SW or YWC schedules and coordinates the Youth Piihitikway Meeting.
 - Participants include:
 - The youth
 - Significant supports (family, caregivers, community members)
 - An Elder
 - The YS Team Leader
 - The Executive Director
 - Additional service providers as appropriate
 - The number of participants can be modified depending on the needs of the youth.
 - The purpose and format of the Piihtikway Meeting can be found in the LMO Michif Practice Model. It is important that the Piihtikway Meeting is facilitated in a manner that is relevant and appropriate to the needs and circumstances of the youth.

- **Step 6 and Step 8 – Series of Paraantii Meetings (Planning Meetings) and Monitoring**

- ***Life Promotion Plan:***

- If the youth is identified as at high risk of suicide ideation or completion, the YWC will collaborate with the youth to develop an LMO Life Promotion Plan (LPP). If the youth is unwilling or unable to participate in developing an LPP, the YWC will develop an agency-led LPP while continually seeking the youth's voice and participation. The YS SW and other supports will have clearly identified roles in the LPP.
 - The YWC will facilitate a series of Paraantii and Monitoring Meetings for the development and monitoring of the Life Promotion Plan.
 - In keeping with the LMO Life Promotion Protocol, the LPP is an evolving plan that requires all members of the care team to make edits to the plan as needed to ensure the voice of the youth is continually captured, and approaches are adapted to meet the youth's evolving needs.
 - A copy of the LPP will be kept in the *KKC Communication Binder* which is kept in the KKC front office for easy access by all members of a youth's care team and KKC night staff.
 - For youth with delegated files, the YS SW is to upload the LPP to ICM, and any amended copies are to be uploaded at least once a month.
 - The LPP will stay in effect until the youth, and all members of the care team are scaling high on the identified safety/wellness scales.

- ***Connection and Belonging Independence Plan:***

- If the youth is not identified as at high risk of suicide ideation or completion, or when all Parties are scoring high on the LPP safety/wellness scales, the YS SW will meet with the youth to develop a Connection and Belonging Independence Plan. The Connection and Belonging Independence Plan is based on the greatest unmet needs identified in the Connection and Belonging and Reason for Living Inventory Assessment tools. The YWC and other supports will have clearly identified roles in the plan.
 - The YS SW will facilitate the series of Paraantii and Monitoring Meetings for the development and monitoring of the Connection and Belonging Independence Plan.
 - For youth with delegated files, the YS SW is to upload the LPP to ICM, and any amended copies are to be uploaded at least once a month.

- **Critical Incidents**

- When a critical incident occurs, all workers will complete the LMO Life Promotion Plan Debrief Report as opposed to a Critical Incident Report. Youth are to be supported to complete the Youth-Specific Debrief Report.

- For youth with delegated files, the YS SW is to upload all critical incidents to ICM. For youth in the care of the Director, a Reportable Circumstance must also be completed.

- **Step 7 – Creation of Nistwayr**

- The case manager of the file (either YS SW or YWC) takes the lead on the development of the youth's Nistwayr (their story).
- The case manager will share with the youth an example of an anonymized Nistwayr as well as the process in completing a Nistwayr (using the booklet created) and scale the youth's willingness to participate in the process. If the Youth is low on the scale of willingness, the case manager will unpack how they can share their story in a different way. Understanding one's story is an important part of LMO's practice framework. A team leader or Executive Director may be called upon to speak to the youth about the significance of completing Step 7 of the LMO Michif Practice Model.

- **Step 9 – Honouring**

- Honouring is a core practice to build resilience, identity, and connection and is an important part of the LMO Michif Practice Model. All workers are encouraged to honour those we serve as much as possible, especially youth who have experienced significant trauma, grief and loss and broken attachments.
- All members of a youth's care team can honour a youth for a variety of reasons
 - If a youth has had a hard week, care team members are able to honour the youth for their resilience.
 - To acknowledge a youth's ability to work through a challenging aspect of the practice model, i.e. Nistwayr or getting la Paraantii to the table.
 - Maintaining a safe and stable home environment is often a significant accomplishment. As such, youth who have achieved this milestone will receive a pair of handmade moccasins to mark this achievement.
 - To acknowledge any milestone, no matter how big or small.
 - Upon residing in
- When a member of a care team wants to honour a youth, they will consult with the YS Team leader to discuss how and what is an appropriate gift for honouring.

- **Step 10 – Aykooshi (Feedback Survey)**

- All youth are encouraged to complete the Aykooshi Survey at any time throughout the duration of receiving services from LMO.
- The case manager is responsible for:
 - Creating a safe and accessible way for youth to provide feedback
 - Ensuring the youth's voice informs service improvement