



MICHIF CAREGIVER STABILITY ASSESSMENT

(Includes the 7 Categories of Analysis)

Lii Famii/ Li Zhenn Moond: Smith Family
Li Zhoornii (Date):

Kaniikaniit (Facilitator): Sally
Wiichiheew (Support/Advisor):
Li Pleu Vyeu (Elder):

WHAT ARE WE WORRIED ABOUT?	WHAT IS WORKING WELL?	WHAT NEEDS TO HAPPEN?
CURRENT CHALLENGES (Concerns/Critical Worries) LMO is worried about Bobbi's limited capacity to effectively co-regulate and respond to Charlie's escalated behaviors, whether he is experiencing intense excitement or anger. Bobbi becomes overwhelmed when Charlie's energy increases and particularly when he uses his hands to express himself such as tapping her bum when he gets excited. She will snap at him to, "stop it" which often leads to Charlie escalating further to the point of hitting her or yelling at her. When Bobbi is escalated, she often struggles to understand Charlie's core need for emotional safety and help processing his big feelings, and how her own reactions can inadvertently harm his wellbeing. On one occasion when she was overwhelmed by Charlie's escalated behaviour, Bobbi got in her car and drove around the block, leaving Charlie at home alone instead of staying and helping him through his feelings. LMO is also worried about the impact of the language Bobbi uses with Charlie, specifically her tendency to speak negatively about his behavior in his presence or to threaten that he'll be "taken away." She has also said in front of him that she is	EXISTING STRENGTHS (Awareness/Insight-Based) Bobbi is incredibly resilient, having navigated extraordinary levels of loss and difficulty in her life. This strength is evidenced by her determination to fight hard and never give up to secure Charlie's guardianship. When Bobbi is regulated, she can recognize her areas for development and growth (e.g., her own regulation skills). She has shared things such as, "If I don't react a lot of things are better," demonstrating a general awareness of the importance of staying calm so she can effectively help Charlie work through his big feelings. Bobbi is willing, committed, and determined to learn how to self-regulate and respond to Charlie in a way that supports him and helps him thrive through difficult feelings and behaviours. She demonstrates this through showing up to meetings and trainings, engaging in her own counseling and support sessions and her openness to collaborate with LMO to better their situation.	SUPPORT GOAL (one goal for each worry) To know that this placement is stable, and the goals have been met, a caregiver plan is recommended immediately to stabilize the placement, reduce stress, and safeguard Charlie's long-term emotional well-being. LMO would need to see Bobbi work with SW Sally to create the plan and outline strategies for how Bobbi will de-escalate Charlie when they are both experiencing heightened emotions. Bobbi will be responsible for changing the strategies as needed based on what is working to increase the percentage of success to the point that she is almost always able to use her grounding plan and not become heightened herself. LMO also needs to see Bobbi creating a safe and respectful home environment where she never uses words toward or around Charlie that makes him feel unsafe, unloved, or unwanted. Bobbi will also work with LMO to create and develop a Words & Pictures explanation story that will use language to help Charlie understand why he is living with Bobbi. LMO would need to see the plan

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“done and can’t do this anymore.” This type of language has the potential to cause emotional harm and undermine Charlie’s sense of connection, self-respect, and belonging.		working and being followed for three months to know that the goals have been met.
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FUTURE WORRIES (Future Wellbeing Concerns/ Critical Worries)	EXISTING STABILITY (Action-Based in relation to worries)	NEXT STEPS
<i>The final analysis assessment will include honouring and the importance of connection to our values and way of being as Métis People.</i> LMO wants to honour Bobbi’s resilience, her deep commitment to Charlie and her remarkable strength in navigating extraordinary levels of loss and stress. What she has overcome, is a testament to her character and embodies the Métis value of La Fors (strength). Bobbi demonstrates an openness to understanding trauma-informed care, having successfully implemented strategies like transition warnings and consistent routines. Above all, she is dedicated to fostering Charlie’s connection to culture and the land, driven by a profound desire to raise him with love and belonging. However, LMO is deeply worried that without intensive caregiver support to help Bobbi learn to manage her stress levels and de-escalate Charlie when he is having big feelings this placement is at serious risk of breakdown. Specifically, we are worried that if Bobbi can’t learn how to stay calm when Charlie is yelling, hitting, kicking or throwing things at her, Charlie will continue to be unable to navigate his big feelings. This not only leaves his core need for emotional safety unmet but also will prevent Charlie from learning how to work through his feelings in a safe and healthy way. This worry is amplified by	Bobbi provides 10-, 5-, and 2-minute warnings before transitions from preferred activities (like device use). This strategy is currently showing a high success rate, working 80% of the time (as of February 24, 2025). Her ongoing efforts to actively trial and implement new strategies (such as giving warnings before taking a bath) demonstrate her commitment to supporting Charlie through difficult transitional moments. Bobbi uses creative redirection during moments of difficulty. For example, she successfully navigated leaving the park by suggesting they gather sticks to throw off the pier, which supported both the transition and provided a new focus for Charlie. Bobbi has successfully developed and implemented a consistent weekday morning routine (waking up, dressing, breakfast, teeth brushing) and maintains this structure 100% of the time, five days a week, using screen time access as a clear earned privilege tied to meeting the routine's schedule. Bobbi has established the "let's take a break" strategy to regroup after episodes or meltdowns. Instead of escalating, she separates herself by	What are the next smallest steps to get to the Safety/Wellbeing/Success Goals? - Bobbi to start a journal to track responses and reactions to challenging situations - SW Sally to create a caregiver stability plan with Bobbi - SW Sally to go over “Language Matters” document with Bobi and come up with phrases to use before, during and after crisis moments. - Bobbi to complete the 6 Steps of Trauma-Sensitive Connection Worksheet - Bobbi to complete the compensating for Brain State Worksheet - SW Sally to add Bobbi to Sharing Our Gifts on Facebook and the Caregiver Weekly email list.

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Bobbi's use of negative language and speaking about Charlie's behaviors in his presence. Like the time when she told Charlie that if he keeps acting like this, he will be taken away from her. Without a shift toward more supportive and safe communication where Bobbi is able to validate Charlie's feelings and show him she will be with him no matter what happens, there is a significant risk that Charlie's self-esteem will be impacted, his sense of self-worth diminished, and the foundational bond between them, which Bobbi has worked so hard to build, will be weakened beyond repair. If nothing changes and Bobbi doesn't learn how to respond to Charlie's behaviour in a way that supports emotional safety, promotes healthy expression of emotions and prevents the use of harmful language, LMO is worried that this placement will breakdown and bring further emotional harm to Charlie.	going outside, often leading to Charlie following her to the trampoline, allowing both to calm down back to baseline. Bobbi demonstrates a deep love and affection for Charlie, expressing it consistently through hugs and moments of connection, even when she is experiencing frustration Bobbi demonstrates insight into her own capacity, estimating that she can effectively work through behavior with A 60% of the time but needs to initiate a "take a break" to regroup 40% of the time. This shows she's attempting to use self-regulation to prevent her frustration from fueling the conflict.	
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CAREGIVER SUPPORT SCALE

(use one for each worry and goal – where are we at today?)

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<i>0 – means the caregiver has not demonstrated a willingness, commitment or capacity to learn how to navigate difficult situations, or a capacity to apply helpful strategies in a way that aligns with LMO's vision of how we want children to be cared for. The caregiver is overwhelmed, burnt out, and unable to manage their stress effectively, resulting in a crisis that severely compromises their ability to meet the child's needs. The caregiver is unwilling or unable to address the child's needs for connection and belonging, causing the child's sense of identity and safety to be compromised. This placement is</i>	<i>10 – means although there are still challenges, in the home, the caregiver has demonstrated a willingness, and commitment to learn how to navigate different behaviour and challenges and a capacity to apply helpful support strategies in a way that aligns with LMO's vision and supports the child's development. The caregiver effectively manages their stress, uses their La Paraantii, and is proactive in self-care. They actively foster the child's Métis identity, connect them with their Métis culture, and ensure the child feels safe, loved, and has a strong sense of belonging. This placement is thriving,</i>
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<i>at immediate risk, and a formal, comprehensive Caregiver Support Plan is required immediately to address these critical worries.</i>	<i>and a formal Caregiver Support Plan is NOT required; support can be provided through informal resources and contact</i>
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- Scale each person involved – (Rationale should be in the above assessment in the correct analysis category)

Sally – 5: Bobbi shows a willingness to learn and an understanding of trauma and the way it impacts Charlie's behaviour. She is deeply committed to caring for and raising Charlie and open to learning new strategies. She understands the plan and the approach we are taking to support him, but she struggles to remain calm when Charlie is escalated which results in her not being able to access all that she has learned and implement them in the moment. To bring this number up higher, I would need to see Bobbi intentionally pause and collect herself before she responds to Charlie, particularly when he is expressing frustration, anger or high levels of excitement. I would also need to see Bobbi, completely refrain from speaking about Charlie's behaviour in front of him. A formal Caregiver Support Plan is required to help this caregiver meet the needs of her grandson and ensure he has a strong sense of love, connection, belonging and self.



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OFFICE USE ONLY

To be completed by the Resource Social Worker
CHOOSE ONE ONLY

- ☐ Move Assessment to Formal Caregiver Support Planning
- ☐ Close Assessment – No Further Action
- ☐ Close Assessment – Move to Informal Caregiver Support Services
 - Resources provided:
 - Delivery method (printed material, email, text message, etc.):

Social Worker Signature (print name & sign)

Date (mmm/dd/yyyy)

Team Leader Signature (print name & sign)

Date (mmm/dd/yyyy)