

SCREENING QUESTIONS FOR APPLICANTS

Youth/Young Adult Name: _____

Date: _____

Screening – Questions for the Youth/Young Adult

Using the Signs of Safety Framework

For Youth/Young Adults with Trauma Histories or CLBC Eligibility

Listen for behavioral examples, coping strategies, and capacity indicators that reflect both risks and readiness. This can help determine whether additional support is required prior to placement.

WHAT'S WORKING WELL? (Strengths, Safety, Existing Supports)

1. Tell me about a time when things were going well for you in a living situation—what made it work?
 - Notes:

2. What are some things you're proud of when it comes to how you've taken care of yourself or your space?
 - Notes:

3. Who are the people you can rely on right now, and how do they support you?
 - Notes:

4. What routines or habits have helped you feel calm and in control?
 - Notes:

5. What do you already know about budgeting, cleaning, cooking, or managing appointments?
 - What parts of that are you most confident with?
 - What parts might you need help with?
 - Notes:

 6. Have you ever lived alone or with a roommate before? What was that like?
 - Notes:
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WHAT ARE WE WORRIED ABOUT? (*Past Harm, Current Worries, Vulnerabilities*)

1. What's been hard for you in the past when living on your own or with others?
 - Notes

2. Has there been a time when your choices made your living space unsafe or unstable? What happened?
 - Notes:

3. What's something you think might be challenging for you if you were living here independently?
 - Notes:

4. How do you usually cope when you're feeling overwhelmed, anxious, or upset?

○ Notes:

5. What worries you about moving into Kikékyelc by yourself?

○ Notes:

6. Have you ever had a safety plan or support plan before? What parts worked, and what didn't?

○ Notes:

WHAT NEEDS TO HAPPEN? (*Safety Goals, Next Steps, Support*)

1. What would need to be in place to help you feel safe and successful in your own apartment?

○ Notes:

2. If you had a bad day or a crisis, what would you want staff or others to do to support you?

○ Notes:

3. What would you like to learn or practice before moving in here?
 - Notes:

4. What kinds of supports (like daily check-ins, meal help, money management) do you think you would need at the start?
 - Notes:

5. What goals do you have for the next 6 months if you were accepted into Kikékyelc?
 - Notes:

6. If you're struggling, what signs should staff see that would let them know you need help?
 - Notes:

TRAUMA- & CLBC-INFORMED CONSIDERATIONS

1. Are there things that make you feel unsafe or triggered in your environment? What helps you feel grounded again?
 - Notes:

2. Do you ever feel like people don't understand how your brain works? How would you explain it to someone so they could support you better?

○ Notes:

3. Do loud noises, busy spaces, or certain smells/textures bother you?

○ Notes:

4. What kind of structure or reminders help you stay on track with routines or responsibilities?

○ Notes:

5. Have you worked with a support worker, counsellor, or advocate before? What helped the most?

○ Notes: