

Michif Practice Model – Monitoring Tool

Purpose:
This tool is used after an interim or long-term plan has been created to help reflect on progress, track change, and ensure our plans remain responsive and connected to what is working well and what needs more focus. This will also help us understand if/how we are monitoring besides the use of the case specific scale.

Which Monitoring Tools Used:(e.g., weekly safety journal, scale from safety cabin, notes from WhatsApp group etc. Bring these to the Review Meeting):

What We’re Worried About / Struggles Themes from monitoring tools that show barriers or ongoing concerns in relation to the safety plan. What’s making things harder right now? (Themes, barriers, or ongoing concerns noticed through monitoring tools and scaling)	What’s Working Well / Strengths Themes from monitoring tools that show what’s working well. What’s helping things go well right now in relation to the safety plan? (Include positive feedback, efforts, and progress noted through your monitoring tools and scaling.)	Next Steps / Plan Adjustments How does this information impact on the plan? What rules need to be changed/adapted?

Case Specific Scaling Question (place scale here):

Scaling Reflection:

Where are we sitting today (0–10)? (make sure the content is in relation to the scale, other content can be for case notes)

What's keeping us from moving higher on the scale?

What brings us up to that number?

What will we focus on next to move up the scale?

Plan Decision

After Review Meeting, are we continuing to monitor or adapting the plan?

☐ Continue to monitor ☐ Adapt plan and the new plan has been given to everyone and uploaded on the system

If adapting, describe changes ie. Which rules are changing:

☐ None ☐ Minor ☐ Major

Describe adjustments:

Date: _____ Next Review Date: _____ please make sure everyone gets a copy of the new plan and upload on ICM